

## Time Commitments

Below is an estimate of the amount of time commitment necessary to fulfill your role as a Director.

Item	Minimum Estimated Time (not including travel)
Board Meetings	Board meetings can last 2 hours per meeting. They take place in the evening. There are 4 regular board meetings per year and there can be additional meetings during the year.
Preparation for Board Meetings	1-2 hours per meeting.
Committee Meetings	Committee meetings can be held in the day or evenings and they can last between 1 - 2 hours per meeting.
Preparation for Committee Meetings	1-2 hours per meeting.
Board Strategic Planning Session	Fall: 1 Day (Saturday).
Training	This may involve weekdays and /or weekends.

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